

Summer GSAR Equipment List

The following items are REQUIRED for the Summer GSAR School. Some of the activities will be conducted in the field and any item you bring must be properly protected against the elements.

Personal First Aid and Survival Kit

These items should be stored in a readily available (handy) container to be carried in field pack (24 hour gear)

- 4 ea – Acetaminophen or aspirin tablets
- 4 ea – Antacid tablets
- 2 ea – Antiseptic cleansing pads (recommended Povidone-Iodine (Betadine) pads, available from drug store)
- 1 ea- Antiseptic Ointment (small tube)
- 6 ea – Band-Aids, various sizes
- 1 ea – Candle – long burning
- 2 ea – Cotton swabs, non sterile (Q-tips)
- 1 ea – Duct tape, 5 – 10 ft (can wrap around a small stick, pencil, or water bottle)
- 1 ea – Leaf bag, large trash bags – don't use bags with insecticide or deodorants)
- 8 ea – Matches (recommend strike anywhere, or have the correct striker element)
- 1 ea – Matches container waterproof (a 35 mm film can works well – long matches might have to be cut t fit)
- 1 ea – Moleskin (at least 3x4)
- 2 ea – Quarters for phone call
- 1 ea –Razor blade single edge
- 1 ea – Roller bandage Gauze
- 2 ea – Safety pins – large
- 1 ea – Space blanket or space sleeping bag
- 1 ea – Splinter forceps, tweezers (sharp, pointed tips)
- 1 ea – Towlette, clean (Wet-Wipes)
- 1 ea – Whistle (put on lanyard with compass. Recommend plastic)

Personal SAR equipment

- CAP ID (must be current)
- CAPF – 101
- Polishing kit
- Black 1" 3-ring binder
- Filler paper for above
- Writing instruments
- Required medication
- Orange safety vest
- Military angle head flashlight
- Radio tracking device (Similar to Jetstream)
- DEET insect repellent
- Sunblock
- Sun glasses
- Compass (Silva or lensatic)
- Plastic whistle
- 2 large garbage bags
- 12 ziplock bags (1 qt size)
- ¼ roll of toilet paper
- 6x6 inch square of aluminum foil
- Lock blade knife (can be Leatherman type tool) no sheath knives
- 10 feet of ¼ inch rope (May use para-cord)
- Spare batteries and bulbs
- Green military type pistol belt, suspenders and but pack (large enough to carry your 24-hour gear)
- Military type canteen cover (x2) (May use Camelback)
- Rain gear (poncho, rainsuit, etc)
- Work gloves

Clothing, Personal Gear

BDU (Minimum of 2. No laundry facility will be available)
BDU cover (No berets or other specialty covers will be worn by students)
Black T-shirt (nothing written on them, no pockets)
Black sweatsuit for PT
Sneakers
Broken boots
Spare socks
Spare underwear
Personal hygiene items (including tooth brush, towel and soap)

Please remember to bring enough of each item to operate safely and comfortably for the entire week